

THE CLAY PIPER

First Coast Highlanders Newsletter

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MAY 2021

SPONSOR SPOTLIGHT – “Dr June Gentle Chiropractic”



First Coast Highlanders would like to recognize Dr. June Gentle Chiropractic as our sponsor for this quarter. Dr. June as she is affectionately called by band members, has taken care of, and supported us for the past 10 years. She has relieved us from our sore muscles and aching joints throughout a long day at the Scottish Games each February. Dr. June has always opened her office to the band members when we need that special adjustment after an event or from a hard day of bagpipe and drum practice.

Dr. June Gentle Chiropractic, located in Fleming Island, has taken care of Clay County residents providing a more natural remedy to many ailments. “People don’t realize that chiropractors go to school as long as medical doctors,” said Dr. Gentle. “It’s the same number of years as a medical doctor, but it’s their own

school.” Dr. Gentle graduated from Life Chiropractic College in San Francisco. She then moved back to Miami, where she practiced for 15 years before moving to Fleming Island. She has been here for the past 10 years, for a total of 25 years of experience. Her office is located at U.S. 17 in Fleming Island, just South of the Doctors Lake Marina.

In addition to doing her daily work on patients, Dr. June also gives back to the younger generation by mentoring chiropractic students from Palmer Chiropractic College.

Dr. Gentle says “she is like a health coach to her patients. Not only do I align the spine with the physical body, I keep them accountable for their diet. We weigh you and do updated exams as well. It is enjoyable to see improvement in my patients’ range of motion from visit to visit. I like to say, continual care at [Dr. June Gentle Chiropractic](#) helps you physically, chemically, and emotionally function too.” Give me a call for a Complimentary Consultation at (904) 644-8100.

Harris Tweed Story

There is no other cloth in the world that speaks more to men than Harris Tweed.

Made in only one remote location in the world, Harris Tweed is the only fabric protected by its own act of Parliament, The Harris Tweed Act 1993 (they mean business!). Manufactured using the finest Scottish Cheviot wool, it is one of the most remarkable textiles in existence. That carries a weight as great as, well, wet tweed, but along with it is a heritage that any brand would be envious of.

Harris Tweed is made and manufactured on a small island at the top of Scotland (basically the Alaska of Scotland) called the Isle of Harris. The island itself is situated in a chain of islands called the Outer Hebrides (pronounced hebrah-DEES). It is here at the actual Harris Tweed head office where the wool is sorted, dyed, combed and spun. What makes Harris Tweed so incredibly special is that any cloth that is officially Harris Tweed is woven in a weaver’s shed on the island. So, every key chain, suit, hat, scarf, or bag that you see with the iconic orb logo was woven by hand in someone’s home.

The story of Tweed- The cloth was originally called Tweel, the Scot name for twill, since it is woven in a twilled pattern. Legend has it that a merchant in London received a letter about some 'tweels' but he misread the word as 'tweed' and the name stuck.

The inhabitants of the Western Isles of Scotland, like those in many parts of the country, manufactured cloth entirely by hand for domestic and local use long before the industrial revolution reached Scotland. 'Clò-Mòr', later called 'Harris Tweed', was one of the fabrics manufactured by hand by the Islanders from their own wool in their cottages during the long winter evenings.

The Harris Tweed Industry was originally a cottage industry, producing an article made entirely by hand. Historically, the term 'Harris Tweed' was applied to tweed made entirely by hand in the Outer Hebrides and this article was protected by the Orb Trademark from 1911 onwards. The term Harris Tweed was also freely and generally applied to tweed made from mill spun yarn produced either in the Outer Hebrides of Scotland or mainland Scotland. Except for a weave called Shield Harris Tweed, there was one common feature to all cloth sold as Harris Tweed, they were hand woven. =====



First Coast Highlanders would like to thank you for using **Amazon Smile** for much of your online shopping and selecting First Coast Highlanders as your charity of choice. Amazon has contributed \$54 dollars (this quarter) back to the band from online sales by you, our contributors. If you have not done so, before your next purchase at Amazon.com, ensure you have logged into <https://smile.amazon.com/>. Select First Coast Highlanders as your non-profit organization. Then buy away. All donations are appreciated. =====

LUCKENBOOTH BROOCH

A Luckenbooth brooch is a Scottish heart-shaped brooch. These brooches often have a crown above one heart, or two intertwined hearts. They are typically made of silver and may be engraved or set with stones. The name comes from the Luckenbooth of Edinburgh, where jewelry and trinkets used to be sold, including this type of brooch. Luckenbooth is a Scots word for a lockable stall or workshop. The Edinburgh booths were situated on the Royal Mile near St Giles Cathedral. They were the city's first permanent shops, going back to the 15th century, and initially housing mainly silversmiths and goldsmiths. They were demolished in 1817.



The Luckenbooth brooch is a traditional Scottish love token often given as betrothal or wedding brooch. It might be worn by a nursing mother as a charm to help her milk flow, and/or be pinned to a baby's clothing to protect it from harm. It was known as a witch-brooch by people using it to save children from the evil eye.

The Luckenbooth brooch has motifs like the Claddagh ring, also using the heart and crown. Heart-shaped brooches in parts of Europe date back to late medieval times, but this design probably did not appear in Scotland before the 17th century.

By the mid-18th century, Luckenbooth tokens were also featured heavily as trade silver items to the indigenous peoples of the Eastern Woodlands, particularly the Iroquois of the Five Nations. As a result, Luckenbooth brooches also became a common decorative symbol in 18th and early 19th century native clothing.

One legend of the Luckenbooth brooch is that it was a symbol of love and devotion given by Mary Queen of Scots to Lord Darnley. Another story is that it was an engagement brooch given to her by the Dauphin of France whom she later married. It may feature Scottish motifs like the St. Andrew's Cross, or the thistle.

The Luckenbooth brooch has been a Scottish form of jewelry since the 19th century. The form was adapted to pebble jewelry in Victorian times, as well as being a regular feature in the ranges of most Scottish manufacturing jewelers who worked for the Highland outfitter and tourist trades. =====

TALE OF THE BLACK CHANTER The ancient Clan Chattan possess a wooden chanter (finger pipe of the bagpipes) known as 'The Black Chanter' or 'Feadan Dubh'. The chanter is one of the Clan's most cherished possessions and can be seen at the Clan Macpherson House & Museum in Newtonmore.

Originally the Black Chanter is said to have fallen from heaven. There are cracks on the pipe believed to be caused from this fall and, according to tradition, is endowed with magical properties. Towards the end of the combat on the North Inch of Perth, an aerial minstrel hovered over the heads of the Macphersons, who after playing a few wild strains on the instrument let it drop from his hand. The Macpherson piper secured this enchanted pipe, and even though mortally wounded poured forth the pibroch of the Clan until death silenced his music. The Black Chanter was ever after held to ensure success not only to the Macphersons, but also to its temporary possessors, whenever lent to other Clans. The Grants of Strathspey borrowed this magical instrument and its bold war-notes soon roused their drooping energies and stimulated them to such valor that from that time forth it passed into a proverb that "no enemy ever saw the back of a Grant." The Grants of Glenmoriston afterwards borrowed it in the same way, and it was only returned to the museum in the early part of the present century. =====



BAND CAMP



Spring and summer are upon us and we are feeling a bit more relaxed than last year with all of our COVID protection processes. It is time for members of First Coast Highlanders to head off to North Carolina and attend the "North American Academy of Piping and Drumming." It is a fun filled educational time to polish the skills of playing bagpipes and the Scottish drum. Right now, I believe we have possibly four band members attending. I as Pipe Major always enjoy the return of students from the academy. They are enthusiastic to tell their stories of meeting new friends and following up on what they have learned. As always, this is a big boost for the band making us all stronger as a group. If you are a beginner or experienced and are interested in attending or would like more Information, contact the academy <http://naapd.org> =====



February 2021 NE FL Scottish Games and Festival



January 2021 Mount Dora, FL Scottish Games →



Saint Patrick's Day 2021 at Meehan's in St. Augustine, FL.

←



Florida Governor DeSantis with Romeo at the Clay Co. Fair April



First Coast Cardio Jacksonville March 2021

After a restrictive 2020, First Coast Highlanders kicked off 2021 striking up the pipes and drums for all of our Scottish friends and admirers. We continue to have fun at each of our events. When you see us at our next event, come up and tell us about your Scottish experience. We would love to get to know you. =====

SPONSORS – THANK YOU FOR YOUR SUPPORT!

DIAMOND

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Susanne Tenney *in memory of* Beverly Radez • Robert C Simpson

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FOR \$25 YOU CAN BECOME A MEMBER OF OUR BOOSTER CLUB, and receive the newsletter by email.

For more information about hiring a piper or the band, or becoming a sponsor, call Art Tenney at (904) 368-8177.

Please complete the coupon below and mail with your check to the **First Coast Highlanders, 9703 NW 219th Street, Starke, FL 32091.**

We are registered under s.496 405, Florida Statutes, the Solicitation of Contributions Act, registration number CH36692, expiration date

June 15, 2021, and we are a 501 c (3) non-profit charitable organization, and all donations are tax deductible

FIRST COAST HIGHLANDERS

SPONSORSHIP LEVEL:

☐ BOOSTER CLUB ☐ SILVER. ☐ GOLD. ☐ PLATINUM ☐ DIAMOND

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